

# The Spa Scoop

HIGHLIGHTS AND UPCOMING EVENTS

## Sneak Peek Event! Friday, October 16th

TRI-CITIES • 9AM - 6PM

À La Mode Spa and Salon Tri-Cities is hosting a Sneak Peek Event on October 16th! Stop by the spa to tour our facility and when you schedule an appointment receive 30% off and a free À La Mode Spa and Salon tote filled with other surprise gifts and products!

\*while supplies last

# Bag Day! October 14th SAVE 18% OFF RETAIL PRODUCTS

Bring your À La Mode Spa and Salon bag on October 14th to receive 18% off retail products! Applicable at both our Yakima and Tri-Cities locations. Shop Aveda, Babor, Farmhouse Fresh and more!



but so many treats!



## Air Care, Breathe Easy

#### **ESSENTIAL OIL 101**

As the weather cools we tend to spend more time inside, or if you work from home. Make sure to purify your space and air at home! Using a diffuser is an easy way to use different essential oils, just add water and a few drops of your favorite oils.

## benefits...

essential oils have unique benefits, including

- improve sleep
- reduce stress and anxiety
- relax the body and mind
- boost your immune system
- eliminate odor
- open airways and clear breathing
- boost concentration



# Create Comforting Spaces À LA MODE SPA AND SALON VOTIVE CANDLES

Did you know we have our own line of candles? Try one of our hand-poured, soy candles!

### available in...

- lavender lemongrass
- relaxation
- lime blossom
- vat 9
- orange vanilla
- lemon basil
- rosemary mint





Every year during Breast Cancer Awareness Month, Aveda releases a limited-edition of their best selling Hand Relief Moisturizing Creme!



A portion of each purchase is donated to The Breast Cancer Research Foundation, a nonprofit organization founded by Evelyn H. Lauder. This year's edition will be available at À La Mode Spa and Salon during the month of October!

LIMITED SUPPLIES AVAILABLE

#### SERVICE HIGHLIGHTS

## Facials are Back! - Yakima

### **HEALTHY SKIN IS HAPPY SKIN**

Our spa and salon can once again perform facial services! With the changing seasons, frustrating mask acne, and back-to-school stress... we all need a little extra help with our skin. Book an appointment for your next facial or hydra facial today!

# Farmhouse Fresh Pedicure of the Month - Tri-Cities

#### MOOD - CRAVING SOMETHING SWEET

A cranberry-orange, vitamin E-rich soak for hands and feet is only fitting under a harvest moon! After skin is softened from your soak, the honey sea salt scrub clears away rough patches!



Next, a pumpkin puree mask treats your skin to vitamins A,C, and E for ultimate nourishment. Finished with a hydrating Juniper Ale body oil to seal in moisture. Call us at (509) 940-2SPA and book your appointment today to kick off the fall season!

**60 MINUTE PEDICURE TREATMENT • \$60.00**